



**Informed Consent for Blood Donation
National Blood Centre, the Thai Red Cross Society**

- Donating blood to save life is one of the greatest donations worth to be applauded.
- Healthy person aged between 17-70 years who passed the blood donation criteria can safely donate blood. For those of 17 years old need to have the signed consent from parent/guardian.
- 12-15% of body blood volume will be drawn for each donation. This amount of blood will not cause any harmful effect on donors. Only mild reactions may occur in some donors e.g. bruise, fatigue, nausea and vomiting.
- National Blood Centre, the Thai Red Cross Society, is the national organization in procuring safe and adequate blood to meet the need of the patients in the country. Support from blood donors is much needed and greatly appreciated.

Blood Donation Consent Form

Blood donor part

Donor name (Print name) (Mr./Ms.) age year month
 Date of birth / / I.D. number
 School / University

Parent/Guardian part

Parent/Guardian name (Print name)
 Phone number E-mail
 Relationship to donor under my legal guardian

I hereby give permission for (Mr. / Ms.)
 to donate blood to the National Blood Centre, the Thai Red Cross Society and will not claim if any adverse reactions occur.

Signature Parent/guardian
 (.....)
 Date month year

General information for blood

- Age 17 years old have to do parent's permission
- Weigh more than 45 kg.
- Get a good night's sleep (at least 5 hours of sleep)
- Make sure to be physically healthy. Please stay home if you don't feel well
- If you're on medications, please inform our medical staff or health screening personnel